Sugar Resources for *Fast Food Nation*

**Databases**

Suggested search terms:
sugar, sugar substitute, diabetes, diet, blood glucose, insulin, obesity, nutrition, glucose,

- Academic Search Complete
- CQ Researcher
- Health & Wellness Resource Center
- SIRS Knowledge Source

**Books**

- **QP 141 .A635 2010**
  Nutrition and Disease Prevention

- **QP 702 .F7 J64 2008**
The Sugar Fix: The High-Fructose Fallout that is Making You Fat and Sick

- **RA 645 .D5 H87 2010**
Diabetes Rising: How a Rare Disease Became a Modern Pandemic and What to Do About It

- **RA 645 .O23 K38 2005**
Diabesity: The Obesity-Diabetes Epidemic that Threatens America—and What We Must Do to Stop It

- **RC 660 .B79 2011**
100 Questions & Answers about Diabetes

- **RC 660 .P424 2011 Ref**
The Encyclopedia of Diabetes

- **RC 660 .D56 2011 Ref**
Diabetes Sourcebook

- **RC 662 .W313 2004**
Complete Guide to Carb Counting

- **RC 662 .18 .O36 2011**
Sugar Nation: The Hidden Truth behind America’s Deadliest Habit and the Simple Way to Beat It

- **RM 273.73 .T38 2008**
Good Calories, Bad Calories: Fats, Carbs & the Controversial Science of Diet and Health

- **RM 237.73 .T39 2011**
Why We Get Fat and What to Do About It

- **TP 422 .P46 2010**
Empty Pleasures: The Story of Artificial Sweeteners, from Saccharin to Splenda

- **TX 553 .A3 E85 2008**
Twinkie Deconstructed

- **TX 560 .A23 2009**
Sugar: A Bittersweet History

- **TX 773 .K7154 2011**
Sweet Invention: A History of Dessert

**DVDs**

- **RA 645 .N87 F67 2011**
Forks over Knives

- **TP 375.7 .S84 2005**
Modern Marvels: Sugar

- **SB 191 .M2 K56 2008**
King Corn: You are What You Eat

**Websites**

- American Heart Association
- Aspartame
- Centers for Disease Control and Prevention
- How Sweet Is It? [pdf]
- Medline Plus
- National Diabetes Information Clearinghouse
- Sugar

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