Nutrition Resources for Fast Food Nation

Databases

Suggested search terms:
Nutrition, fast food

*Academic Search Complete*

*Health and Wellness Resource Center*

*Opposing Viewpoints*

Books

*RA 784 .D387 2012*
Coffee is Good for You: From Vitamin C and Organic Foods to Low-Carb and Detox Diets, the Truth about Diet and Nutrition Claims

*RA 784 .D542 2011 Ref*
Diet and Nutrition Sourcebook

*RA784 .P6429 2009*
Food Rules: An Eater’s Manual

*RA784 .P643 2008*
In Defense of Food: An Eater’s Manifesto

*RC 662 .W3152 2009*
Guide to Healthy Fast Food Eating

*RM 222.2 .A9282 2011*
Skinny Chicks Eat Real Food: Kick Your Fake Food Habit, Kickstart Your Weight Loss

*DV Ds HV 696 .F6 F668 2011*
Food Stamped

*RM222.2 .W3285 2010*
Real Food Has Curves: How to Get off Processed Food, Lose Weight, and Love What You Eat

*TX355 .O672010*
Healthy Foods: Fact versus Fiction

*TX360 .U6 M83 2009*
Measured Meals: Nutrition in America

*TX 360 .U6 N47 2007*
Food Politics: How the Food Industry Influences Nutrition and Health

*TX 370 .S635 2012 v.1 –2 Ref*
Fast Food and Junk Food: An Encyclopedia of What We Love to Eat

*TX371 .R63 2010*
The Food Revolution: How your Diet Can Help Save Your Life and Our World

*TX 551 .N3977 2012*
Why Calories Count: From Science to Politics

*TX645 .V55 2008*
Kitchen Literacy: How We Lost Knowledge of Where Food Comes from and Why We Need to Get It Back

DVDs

*HV 696 .F6 F668 2011*
Food Stamped

Websites

*Academy of Nutrition and Dietics*

*American Society for Nutrition*

*ChooseMyPlate.gov*

*Food & Nutrition Service (USDA)*

*Fast Food Nutrition*

*Healthy Fast Food*

*Nutrition (MedLinePlus)*

*Vegetarian Resource Group*

*WebMD Diet*

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http://www.eastfieldcollege.edu/er/library/index.asp and select Online Databases.

8/17/2012